

WHY WE ARE DOING THIS

At the beginning of 2019, I took a 9-week journey to Central America to verify my hypothesis with Archaeologists on Maya, Aztec and Zapotec sites, on how they fed themselves so successfully for nearly 2500 years, in the middle of some of the harshest regions imaginable. What I learnt on that trip though, has changed my life immensely!!!! Here is my Revelation:



"I have been sitting on another bus travelling down to the Pacific Ocean next to a 70-year-old Zapotec man by the name of Joe. He speaks English and is intrigued why I'm here, once he learns I'm from Australia. For the next 4 hours we talk about the Maya, Aztec & Zapotec. Economics, Climate, Lifestyle, Food Production, loss of Identity in Heritage. Flora and Fauna, Illness - particularly Cancer, which his Wife has and Travel.

I have been on many long bus trips across this journey, through an amazing array of different ecosystems. My eyes have been absorbing all the detail but maybe not processing it all until the next part of the jigsaw falls into place.

The Maya, Aztec and Zapotec in the Pre and Classic Periods had their demise due to Climate Change of their own doing!!! This is pretty much common belief now amongst Scholars, Archaeologists and Scientists. This occurred over a period of 3000 years between 2100BC and 900AD. By chopping down the forests that surrounded their Cities, to create the plaster to adorn the magnificence of their Temples and the leaching of the lime into the soils that they were growing their food in, they weren't getting the rain and the lime changed the pH of the soil. This meant crop production reduced. They had to use more land. Their slash and burn technique allowing the ground 15 years to recover after 3 years of use, had to become more frequent. They were on a downhill run from here!!!

Over the next 1000 years, we have had regrowth of Jungle over these abandoned sites. This has changed the whole Climate patterns again as rain returned.

In the last 150 years - see the difference in time frames here now, we have been on a massive change in our weather patterns. Within that last 150 years, the last 20 - 30 years have been the most dramatic!!! The last 10 years of that 20 - 30 years, even more so and the last 5 years of that 10 have been the worst!!!!

Monoculture is not working. Our soils have become massively degraded and have little nutrient left. Scientists now agree that we have less than 40 years left of soils that can produce enough food for our current population. Large Corporations are paying pittance to the farmers for their produce, so the farmer buys or clears more of their own land to be able to get more income. Have you heard this story somewhere before? They don't diversify. They have always been a ? Farmer and that's what they will continue to do. Keeps everything in line with Monoculture!!!! As a basic rule of business, we are taught to diversify, whether it be in Shares, Property or even in Stock on the shelves.

What is best for a greater humanity is not considered!!! I know of things that we take for granted at home in Australia, that would make the lives of Central Americans so much better, easier and far more fulfilling. That could be said of any Third World Country for that matter, let alone the homeless or those struggling financially even at home. If we were to look only at what is best for the greater humanity, wouldn't the World be a far better place? If everyone was happy, fed, watered, housed, had access to transport, had social contact, freedom, did what they loved and had finances enabling them to do things, would that be something we should strive for?

We need to see and understand that what happened to these Ancient Civilizations, is now happening to us and at an alarming rate!!! We are in the Death Spiral unless something changes and changes quickly!!! I have seen examples both large (11,000 people) and small on this journey, of what is possible. It really excites me and gives me hope!!! But we all have to do this!!!

My dream now is to put into action when I get home, what I have learnt in a practical way. I have people who have been inspired by my journey and see this vision too. We will share our experiences as this grows over the coming years, to assist others to move towards this transition."

The first part of this transition, is to minimise our footprint on this Earth, by living in smaller homes.